

# Christel Sogenbits - The Advocate of the Blind People in Estonia



- In the North-Estonian Association she is incharge of two main projects and in addition she is the member of the statue committee.

# “Challenge your senses”

- She organises events, where people can try out stimulations to challenge yourself.
- if the person has gone through the obstacles, they hope that he/she understands that they are a just human beings with thoughts, ideas and dreams and that nothing has changed.

- For example you can try how it's like to open a jar with boxing gloves and see how you can take candies and condoms out from it.
- Also you can try to use a computer program with blindfolded eyes with the help of a speech-program that talks 100 words per minute.

- There is also an obstacle course, that people can ride through with a wheelchair to simulate bumpy roads and sudden climbs.

- <https://www.facebook.com/ChallengeYourSenses/posts/1050083411678580>

# Tom Rüütel – Important is a person, not their disability!



- The Tõnismäe office of the unemployment fund is run by Tom Rüütel, a case manager of a disabled person, who is a person with special needs



- <https://www.youtube.com/watch?v=mEd9LT9e4Xk>